

# KENDRIYA VIDYALAYA KOLLAM

CLASS – VI

## HOLIDAY HOMEWORK CHEMISTRY

(1) One day you were busy from morning to evening. You couldn't have your lunch. How did you feel? Elaborate your experience.

(2) What are the roles of (a) carbohydrates (b) fats (c) proteins (d) vitamins?

(3) Prepare the chart on the topic "Sources and Deficiency diseases of vitamins".

(4) How can you balance your diet without adding to its cost? Suggest any one method to do so?

(5) Draw a map of India and label the different food habits of different states.